

## Allergenen Brunch & Lunch



|                                                 | GLUTEN | SESAM<br>ZAAD | AARD<br>NOTEN | NOTEN | LUPINE | SOJA | EI | MELK | SELDER | WEEK<br>DIEREN | SCHAAL<br>DIEREN | VIS | MOSTERD | ZWAVEL<br>DIOXIDE<br>SULFIETEN |
|-------------------------------------------------|--------|---------------|---------------|-------|--------|------|----|------|--------|----------------|------------------|-----|---------|--------------------------------|
| YOGHURT MET<br>COMPOTE,<br>SESAMZAAD<br>GRANOLA | X      | X             | X             | X     |        |      | X  | X    |        |                |                  |     |         | X                              |
| CHOCOLATE<br>BLUEBERRY<br>OVERNIGHT OATS        | X      |               |               | X     |        |      |    | X    |        |                |                  |     |         |                                |
| MANGO-<br>CHIAZAAD<br>PUDDING                   | X      |               |               |       |        | X    |    |      |        |                |                  |     |         |                                |
| WORTELSINAAS-<br>BREAKFASTCAKE                  | X      |               | X             | X     |        | X    | X  | X    |        |                |                  |     |         |                                |
| EASTERSWIRL                                     | X      |               |               |       |        |      | X  | X    |        |                |                  |     |         |                                |
| BOUNTYROLL                                      | X      |               |               |       |        | X    | X  | X    |        |                |                  |     |         |                                |
| DUBAIROLL                                       | X      |               |               | X     |        | X    | X  | X    |        |                |                  |     |         |                                |
| SPAANSE MUFFIN                                  | X      |               |               |       |        |      | X  | X    |        |                |                  |     |         |                                |
| NOORSE MUFFIN                                   | X      |               |               |       |        |      | X  | X    |        |                |                  | X   | X       |                                |
| GRIEKSE MUFFIN                                  | X      |               |               |       |        |      | X  | X    |        |                |                  |     |         | X                              |

Opgelet! De samenstelling van de producten kan steeds veranderen. Vraag dus bij allergie er steeds naar.  
Sporen van bepaalde allergenen blijven steeds mogelijk.

|                                             | GLUTEN | SESAM<br>ZAAD | AARD<br>NOTEN | NOTEN | LUPINE | SOJA | EI | MELK | SELDER | WEEK<br>DIEREN | SCHAAL<br>DIEREN | VIS | MOSTERD | ZWAVEL<br>DIOXIDE<br>SULFIETEN |
|---------------------------------------------|--------|---------------|---------------|-------|--------|------|----|------|--------|----------------|------------------|-----|---------|--------------------------------|
| EMPANADA CHILI<br>CON CARNE                 | X      |               |               |       |        |      | X  | X    | X      |                |                  |     |         | X                              |
| EMPANADA<br>POMPOEN EN<br>BOTERBONEN        | X      |               |               |       |        |      | X  | X    | X      |                |                  |     | X       | X                              |
| REUBEN-<br>SANDWICH                         | X      | X             |               |       |        | X    | X  | X    |        |                |                  |     | X       | X                              |
| CEASAR<br>SANDWICH                          | X      | X             |               |       |        | X    | X  | X    |        |                |                  |     | X       |                                |
| FOCACCIA                                    | X      | X             |               |       |        | X    |    |      |        |                |                  |     |         | X                              |
| ZWARTE CITROEN<br>MEDITERRAANSE<br>FOCACCIA | X      |               |               | X     |        | X    |    | X    |        |                |                  |     |         |                                |
| QUICHE                                      | X      |               |               |       |        |      | X  | X    |        |                |                  |     | X       |                                |
| BAGEL ZALM                                  | X      | X             |               |       |        | X    | X  | X    |        |                |                  | X   |         |                                |
| WRAP PULLED<br>TURKEY                       | X      |               |               |       |        |      | X  | X    | X      |                |                  |     | X       |                                |
| WRAP<br>GEITENKAAS                          | X      |               |               | X     |        |      |    | X    |        |                |                  |     |         |                                |
| WRAP<br>MUHAMMARA                           | X      |               | X             | X     |        |      | X  | X    |        |                |                  |     |         |                                |

Opgelet! De samenstelling van de producten kan steeds veranderen. Vraag dus bij allergie er steeds naar.  
Sporen van bepaalde allergenen blijven steeds mogelijk.

## Allergenen Apéro & Feesten



|                                       | GLUTEN | SESAM<br>ZAAD | AARD<br>NOTEN | NOTEN | LUPINE | SOJA | EI | MELK | SELDER | WEEK<br>DIEREN | SCHAAL<br>DIEREN | VIS | MOSTERD | ZWAVEL<br>DIOXIDE<br>SULFIETEN |
|---------------------------------------|--------|---------------|---------------|-------|--------|------|----|------|--------|----------------|------------------|-----|---------|--------------------------------|
| SPINAZIEWRAP<br>(MUHAMMARA)           | X      |               | X             | X     |        |      | X  | X    |        |                |                  |     |         |                                |
| BIETENWRAP<br>(GEITENKAAS)            | X      |               | X             | X     |        |      |    | X    |        |                |                  |     |         |                                |
| WORTEL -GEMBER<br>WRAP                | X      |               |               | X     |        |      | X  | X    |        |                |                  |     |         |                                |
| CARPACCIO<br>EIWRAPROL                |        |               |               |       |        |      | X  | X    |        |                |                  |     |         |                                |
| BLADERDEEG-<br>STENGEL RODE<br>PESTO  | X      | X             |               | X     |        |      | X  | X    |        |                |                  |     |         |                                |
| SAUZIJJEN-<br>BROODJE                 | X      | X             |               |       |        |      | X  | X    | X      |                |                  |     |         |                                |
| PINWHEEL<br>FETAKAAS                  | X      | X             |               |       | X      |      | X  | X    |        |                |                  |     |         |                                |
| VEGETARISCHE<br>LOEMPPIA              | X      |               |               |       |        |      |    |      | X      |                |                  |     |         |                                |
| VIETNAMESE<br>LOEMPPIA                | X      |               |               |       |        |      |    |      | X      |                | X                |     |         |                                |
| THAISE LOEMPPIA                       | X      |               |               |       |        |      |    |      | X      |                |                  |     |         |                                |
| DIP RODE<br>BIET/ZOETE<br>AARDAPPEL   | X      | X             |               |       |        | X    |    | X    |        |                |                  |     |         | X                              |
| DIP AUBERGINE<br>YOGHURT (+<br>BROOD) | X      |               |               |       |        | X    |    | X    |        |                |                  |     |         |                                |
| WORTELDIP (+<br>BROOD)                | X      | X             |               |       |        | X    |    |      | X      |                |                  |     |         |                                |
| HUMMUS PESTO<br>(+ BROOD)             | X      | X             |               | X     |        | X    |    | X    |        |                |                  |     |         |                                |
| TZATZIKI (+<br>BROOD)                 | X      | X             |               |       |        | X    |    | X    |        |                |                  |     |         |                                |

Opgelet! De samenstelling van de producten kan steeds veranderen. Vraag dus bij allergie er steeds naar.  
Sporen van bepaalde allergenen blijven steeds mogelijk.

|                                      | GLUTEN | SESAM<br>ZAAD | AARD<br>NOTEN | NOTEN | LUPINE | SOJA | EI | MELK | SELDER | WEEK<br>DIEREN | SCHAAL<br>DIEREN | VIS | MOSTERD | ZWAVEL<br>DIOXIDE<br>SULFIETEN |
|--------------------------------------|--------|---------------|---------------|-------|--------|------|----|------|--------|----------------|------------------|-----|---------|--------------------------------|
| EMPANADA CHILI<br>CON CARNE          | X      |               |               |       |        | X    | X  | X    | X      |                |                  |     |         | X                              |
| EMPANADA<br>POMPOEN EN<br>BOTERBONEN | x      |               |               |       |        | X    | X  | X    | X      |                |                  |     |         | X                              |
| PASTRAMI<br>SANDWICH                 | X      | X             |               |       |        | X    | X  | X    |        |                |                  |     | X       | X                              |
| CEASAR<br>SANDWICH                   | X      | X             |               |       |        | X    | X  | X    |        |                |                  |     | X       |                                |
| FOCACCIA<br>ZWARTE CITROEN           | X      | X             |               |       |        | X    |    |      |        |                |                  |     |         |                                |
| MEDITERRAANSE<br>FOCACCIA            | X      |               |               | X     |        | X    |    | X    |        |                |                  |     |         |                                |
| QUICHE                               | X      |               |               |       |        |      | X  | X    |        |                |                  |     | X       |                                |
| BAGEL                                | X      | X             |               |       |        | X    | X  | X    |        |                |                  | X   |         |                                |
| HARTIGE<br>KAASSOES                  | X      |               |               |       |        |      | X  | X    |        |                |                  |     |         |                                |
| ZALMMACARON                          | X      |               |               | X     |        |      | X  | X    |        |                |                  | X   |         |                                |

Opgelet! De samenstelling van de producten kan steeds veranderen. Vraag dus bij allergie er steeds naar.  
Sporen van bepaalde allergenen blijven steeds mogelijk.

## Allergenen Kaas-en charcuteriebord



|                                            | GLUTEN | SESAM<br>ZAAD | AARD<br>NOTEN | NOTEN | LUPINE | SOJA | EI | MELK | SELDER | WEEK<br>DIEREN | SCHAAL<br>DIEREN | VIS | MOSTERD | ZWAVEL<br>DIOXIDE<br>SULFIETEN |
|--------------------------------------------|--------|---------------|---------------|-------|--------|------|----|------|--------|----------------|------------------|-----|---------|--------------------------------|
| KAASSOES                                   | X      |               |               |       |        |      | X  | X    |        |                |                  |     |         |                                |
| ZUURDESEM-<br>BROOD                        | X      | X             |               |       | X      | X    |    |      |        |                |                  |     |         |                                |
| FOCACCIA                                   | X      | X             |               |       |        | X    |    |      |        |                |                  |     |         |                                |
| HARTIGE<br>CHEESECAKE                      | X      |               |               | X     |        |      | X  | X    |        |                |                  |     |         |                                |
| SEIZOENSJAM                                |        |               |               |       |        |      |    |      |        |                |                  |     |         |                                |
| UIENBROOD                                  | X      | X             |               |       |        | X    |    |      |        |                |                  |     |         |                                |
| ROZEMARIJN-<br>ROZIJNENZUUR-<br>DESEMBROOD | X      |               |               |       |        | X    |    |      |        |                |                  |     |         |                                |



Opgelet! De samenstelling van de producten kan steeds veranderen. Vraag dus bij allergie er steeds naar.  
Sporen van bepaalde allergenen blijven steeds mogelijk.

## Allergenen Taarten & Desserts



|                                                     | GLUTEN | SESAM<br>ZAAD | AARD<br>NOTEN | NOTEN | LUPINE | SOJA | EI | MELK | SELDER | WEEK<br>DIEREN | SCHAAL<br>DIEREN | VIS | MOSTERD | ZWAVEL<br>DIOXIDE<br>SULFIETEN |
|-----------------------------------------------------|--------|---------------|---------------|-------|--------|------|----|------|--------|----------------|------------------|-----|---------|--------------------------------|
| CHOCOLADE-<br>MOUSSE MET<br>SINAASAPPEL-<br>KARAMEL |        |               |               | X     |        |      | X  | X    |        |                |                  |     |         |                                |
| VANILLECUSTARD<br>& MERENGUE                        |        |               |               | X     |        |      | X  | X    |        |                |                  |     |         | X                              |
| SLAGROOM-<br>SOEZEN                                 | X      |               | X             |       |        |      | X  | X    |        |                |                  |     |         |                                |
| PISTACHE-<br>MACARON                                | X      |               |               | X     |        |      | X  | X    |        |                |                  |     |         |                                |
| PISTACHE-<br>MOUSSE EN<br>KERSENCOMPOTE             |        |               |               |       |        |      |    |      |        |                |                  |     |         |                                |
| CAROTCUPCAKE<br>SINAASAPPEL-<br>FROSTING            | X      |               | X             | X     |        |      | X  | X    |        |                |                  |     |         | X                              |
| BONNIE'S-<br>RUGELACH                               | X      |               |               | X     |        |      | X  | X    |        |                |                  |     |         |                                |
| PAVLOVA                                             |        |               |               |       |        |      | X  | X    |        |                |                  |     |         | X                              |
| SLAGROOM EN<br>ROOD FRUIT                           |        |               |               |       |        |      |    |      |        |                |                  |     |         |                                |
| APPELOLIJFOLIE-<br>TAART                            | X      |               |               |       |        |      | X  | X    |        |                |                  |     |         |                                |
| TIRAMISU                                            | X      |               |               |       |        |      | X  | X    |        |                |                  |     |         |                                |
| GROENE APPEL/<br>SPECULOOS                          |        |               |               |       |        |      |    |      |        |                |                  |     |         |                                |
| MANGO CHEESE<br>CAKE                                |        |               |               | X     |        | X    |    |      |        |                |                  |     |         |                                |
| PASTINAAK-<br>TAART                                 | X      |               |               |       |        | X    | X  | X    |        |                |                  |     |         |                                |

Opgelet! De samenstelling van de producten kan steeds veranderen. Vraag dus bij allergie er steeds naar.  
Sporen van bepaalde allergenen blijven steeds mogelijk.

## Allergenen Dagelijkse kost op zijn Meraki's by Tacha



|                                             | GLUTEN | SESAM<br>ZAAD | AARD<br>NOTEN     | NOTEN | LUPINE | SOJA | EI | MELK | SELDER | WEEK<br>DIEREN | SCHAAL<br>DIEREN | VIS | MOSTERD | ZWAVEL<br>DIOXIDE<br>SULFIETEN |
|---------------------------------------------|--------|---------------|-------------------|-------|--------|------|----|------|--------|----------------|------------------|-----|---------|--------------------------------|
| PAPRIKAROOM-<br>SOEP                        |        |               |                   |       |        |      |    | X    | X      |                |                  |     |         |                                |
| BLOEMKOOL-<br>SOEP                          |        |               |                   |       |        |      |    | X    | X      |                |                  |     |         |                                |
| GROENTESOEP                                 | X      |               |                   |       |        |      |    | X    | X      |                |                  |     |         |                                |
| WIT ZUURDESEM-<br>BROOD                     | X      | X             |                   |       | X      | X    |    |      |        |                |                  |     |         |                                |
| EIFELGRAGEN<br>ZUURDESEM-<br>BROOD          | X      | X             |                   |       | X      | X    |    |      |        |                |                  |     |         |                                |
| 7-GRANEN<br>ZUURDESEM-<br>BROOD             | X      | X             |                   |       | X      | X    |    |      |        |                |                  |     |         |                                |
| FOCACCIA                                    | X      | X             |                   |       | X      | X    |    |      |        |                |                  |     |         |                                |
| ZWARTE CITROEN<br>MEDITERRAANSE<br>FOCACCIA | X      |               |                   |       | X      | X    |    |      |        |                |                  |     |         |                                |
| ROZENWATER-<br>SESAMZAADGRA<br>NOLA         | X      | X             | X                 | X     |        |      | X  |      |        |                |                  |     |         |                                |
| HERFSTGRANOLA                               | X      |               | X (kan<br>zonder) | X     |        |      | X  |      |        |                |                  |     |         |                                |
| NOTENGRANOLA<br>PURE CHOCOLA                | X      |               | X (kan<br>zonder) | X     |        | X    | X  |      |        |                |                  |     |         |                                |
| MOUSSAKA                                    | X      |               |                   |       |        |      | X  | X    | X      |                |                  |     |         |                                |
| LASAGNE ZALM                                | X      |               |                   |       |        |      | X  | X    |        |                |                  | X   | X       |                                |
| LASAGNE                                     | X      |               |                   |       |        |      | X  | X    |        |                |                  |     |         |                                |
| FARFALLEPASTA                               | X      |               |                   |       |        |      | X  | X    |        |                |                  |     | X       |                                |
| VOL-AU-VENT                                 | X      |               |                   |       |        |      | X  | X    | X      |                |                  |     | X       |                                |

Opgelet! De samenstelling van de producten kan steeds veranderen. Vraag dus bij allergie er steeds naar.  
Sporen van bepaalde allergenen blijven steeds mogelijk.